

SELF AWARENESS

What do I bring to a team

Its always important for our ShelterBox Response Team members to be self aware when they are working in the field. What impact are they having on the communities around them and how can they ensure they are staying positive in the face of difficult situations.

This worksheet will help each member of your club or committee better understand what they are bringing to the team and help facilitate discussion on the strengths in your team and identify areas for growth!

SELF-ANALYSIS What behaviour do I bring to a group that would have a positive benefit to team dynamics?	
SELF-ANALYSIS What behaviour do I bring to the group that might have a negative impact on team dynamics?	
SOLICITED FEEDBACK What do others see as my strengths?	
SOLICITED FEEDBACK What do others see as my development areas?	
IMPACT What one thing will I do to improve my positive impact on team dynamics?	

